

MLA NEWS

Club Records

Congratulations to our record breakers from the past few weeks. Well done boys.....

Luke Gorski U15B 1500m 4:37.72s **William Mehta U16B 400m 59.76s**

Aidan Mackie U16B 200m 24.32s **Aidan Mackie U16B High Jump 1.80m**

Notable mention to Luke, who knocked almost 10 seconds off his Coach, Andrew Arkinstall's, record that stood for 25 years.

BBQ Roster

U9's, you're up! Could a parent from the U9 Boys or Girls see us in the canteen after announcements please. We've also ordered extra sushi this week :)

Combined Event Champs

Nominations for the Combined Event Championships close this Monday, 20th Feb @ 9am sharp. All the info can be found here.....

<https://laq.org.au/mcdonalds-combined-event-championships/>



Regional Championships

Regionals is over for another season and we can finally share the results. We just want to say thank you to the athletes for such a fun weekend. They are such happy, supportive and friendly kids. Smiles for miles, awesome friendship and great club spirit. So many PBs and outstanding efforts. All athletes pushed themselves to 'be their best' which is what it's all about. We are so proud of each athlete, regardless of where they placed. Well done Mudgeeraba!

Now onto our stats. We finished the Championships with.....
20 Gold, 24 Silver and 19 Bronze. As well as 11 4th place finishes and 1 additional qualifier (who met the qualifying standard).

32 athletes have qualified for States in 75 events. Huge congratulations to the following athletes who have qualified to represent Mudgeeraba at the State Championships next month.....

U9- Izzy, Sophie, Alexandra, Sierra **U10-** Duke, Leo, Ethan **U11-** Madeline, Zadie, Jake, Lucas **U12-** Cara, Cory **U13-** Annie, Grace, Jesse **U14-** Maya, Chelsea, Hannah, Korbyn, Elliot **U15-** Ava, Tara, Thewbelle, Trinity, Isabella, Luke **U16-** Bianca, Charlie, Toby, Aidan, Logan

View the full South Coast Region Results here.....

<https://laq.org.au/wp-content/uploads/2023/02/SthCst-Results.pdf>

